



Volunteer role description

About Freeva

Freeva is an independent charity dedicated to supporting victims of domestic abuse and sexual violence in Leicestershire and surrounding areas. We provide specialist services to help any adults and young people cope and recover, to live free from violence and abuse and ensure their voices are heard. We also provide programmes for adults and young people who want to address their abusive behaviours.

Volunteers are a vital part of our mission. Help us to us to empower and support victims, challenge abusive behaviours, break the cycle of violence and build cohesive communities. We have various roles in helpline, fundraising and community engagement, project support and training.

Role details

Role	Young Persons' Workshop Facilitator (YP Project) (x1)
Service	The Young Persons' Project - Interventions for Young People who are using abuse and for their parents/carers or partners. https://freeva.org.uk/the-young-person-project/
Purpose of the role	To support us in our mission to help build cohesive families and communities. You'll be helping young people and their parents/carers to develop healthy relationships by assisting with school workshops & support groups, promoting our services and adding capacity.
Supported by	The YP Service Manager The YP Project Support Worker
Commitment	We are grateful for any amount of time you can spare but we'd love it if you could give between 1-3 hours a week on average for 6 months to a year.

How we keep you and our service users safe	<ul style="list-style-type: none"> • Freeva will arrange for you to have an Enhanced DBS check before you start • We will ask you for two references • If you have used a Freeva service or have experienced domestic abuse or sexual violence, we ask that you wait a minimum of 2 years before volunteering with us
Age requirement	18 or over
Location	<p>Office based location near to Leicester city centre & Leicester University campus.</p> <p>Travel within the local community to workshops.</p> <p>Potential for a hybrid office / home working depending on tasks.</p>
Expenses	Travel and other out-of-pocket expenses can be reimbursed to volunteers.
Likely tasks & activities	<p>You might be asked to help with some of the following:</p> <ul style="list-style-type: none"> • Assisting with delivering workshops in schools on healthy relationships* • Assisting with facilitating parent / carer support groups • Promoting our services in schools and in the community* • General project support and administration • Fundraising support <p>*Access to your own car for this would be ideal but not essential to the volunteer role.</p> <p>If there's something on the list you do not wish to do, don't worry, the list of tasks is flexible. Speak to the Volunteer Coordinator for more details.</p>
Experience, skills & attributes desired	<p>An understanding or willingness to learn about:</p> <ul style="list-style-type: none"> • The nature of domestic abuse and its effects on adults and children • The criminal justice system in relation to domestic abuse • Trauma and neurodivergence • Building and maintaining healthy relationships <p>The ability and willingness to:</p> <ul style="list-style-type: none"> • Communicate clearly with a range of people over sensitive and/or complex issues • Operate with a high degree of confidentiality

	<ul style="list-style-type: none"> • Operate within an organisation that supports both those affected by domestic abuse and those who have used abusive behaviours. • Engage with young people in an effective and safe manner <p>Confidence with using:</p> <ul style="list-style-type: none"> • Microsoft 365 • Client databases <p>An understanding of and alignment with Freeva's values.</p>
Training and support	<ul style="list-style-type: none"> • You'll be given a thorough induction to Freeva and our various services • You'll complete a suite of foundational e-learning modules • You'll be given all the role specific training that you'll need • You'll be shadowing other staff or volunteers as part of your training • You'll be given ongoing support and training via regular check-ins
What you will get out of the experience	<ul style="list-style-type: none"> • Experience of working in a domestic abuse setting • Be part of a team that is passionate about making a difference to the lives of people affected by domestic and/or sexual abuse • Skills in advocacy & active listening • Knowledge of Non-Violent Resistance parenting approaches • The chance to contribute to meaningful change • Regular support and training • Valuable work experience • The chance to shadow other teams within Freeva • The chance to socialise and get to know other volunteers
How to apply & what to expect	<ol style="list-style-type: none"> 1. Fill in the online volunteer application form 2. You may be invited to an informal telephone chat 3. You may be invited to attend a volunteer interview 4. If successful, you'll be invited to join us for a 1-month taster period to see if the role is for you <p>Our volunteer application process is robust due to the sensitive nature of the roles we offer.</p>
Contact	<p>If you have any questions or would like to know how the role could be adapted to suit you, please email the Volunteer Co-ordinator: volunteering@freeva.org.uk</p>

	We can arrange a telephone chat if you would like to discuss the role in more depth.
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eLearning modules for this role

1. Understanding GDPR
2. Equality, Diversity & Inclusion
3. Cyber Security Best Practices
4. Mental Health Awareness
5. Safeguarding Adults Awareness
6. Safeguarding Children's Awareness
7. Health & Safety Awareness
8. Awareness of Dementia, Mental Health, and Learning Disabilities
9. Managing Stress at Work for Employees
10. Display Screen Equipment
11. Lone Working
12. Managing Infection in the Workplace
13. Manual Handling Awareness
14. Handling Violence and Aggression
15. Working in a Person-Centred Way
16. Environmental Awareness
17. Short-Term Home Working
18. Fire Extinguisher Use